

face

body

skin

gynaecomastia
man boobs

me
clinic

gynaecomastia man boobs

considering gynaecomastia?

We see many men who are frustrated or embarrassed with their chests.

Gynaecomastia or Man Boobs can be a great source of embarrassment to men who develop this condition. This embarrassment can include a feeling of self-consciousness at the beach or when wearing tighter fitting clothing such as T-shirts.

Many men suffer with this problem needlessly which can be easily corrected with Liposuction.

what are the options?

Our Surgeons listen to your requirements and advise you on the options for you to achieve your desired results.

- Liposuction to the chest
- Liposuction to the chest and excision of excess glandular tissue

me clinic
the difference

Our 30 years of experience ensures you receive **personalised** service and the right advice.

We offer you choices as our Surgeons provide a **tailored solution** for your requirements and not a "production line" or "one size fits all" approach like discount clinics.

Our Surgeons listen to you and your requirements to help you decide which procedure is **right for you** after a full review and medical assessment.

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procedure & expectations

This excess fat from the chest area can be easily removed by Liposuction. In this procedure a small incision mm's wide is made and the excess fat is removed by suction to shape the chest.

In some cases, where there is excess glandular breast tissue, this is corrected by making a very small incision below the nipple and any excess breast tissue is removed.

treatment & expectations

Some bruising and swelling may occur however will subside within seven to ten days.

A compression garment is usually worn for approximately three to six weeks around the chest area to ensure the optimum recovery from the procedure and most patients find they can resume all their regular activity within two to three weeks.





cosmetic surgery
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