

face

body

skin

vein
treatments

me
clinic



Kerrie

"After years of working as a flight attendant and a theatre nurse, I knew it was only a matter of time that I would end up with varicose veins."

leg vein treatments

considering
leg vein
treatment?

Varicose and Leg veins affect nearly 30% of the population with women being afflicted more commonly than men. As we age, more visible leg veins frequently emerge and our existing veins become increasingly noticeable

Factors such as pregnancy, genetics, and even prolonged standing are primary causes of these unsightly and often painful varicose and spider veins

what are
the options?

- Sclerotherapy
- Endovenous Laser Treatment (EVLT)
- Varicose Vein Surgery

me clinic
the difference

Our 30 years of experience ensures you receive **personalised** service and the right advice.

We offer you choices as our Doctors provide a **tailored solution** for your requirements.

Our Doctors listen to you and your requirements to help you decide which treatment is **right for you** after a full review and medical assessment.

sclerotherapy

sclerotherapy

Sclerotherapy is the recommended treatment for smaller accessory veins to prevent their deterioration into larger bulging varicose veins. Sclerotherapy can eliminate large veins, either alone, or in conjunction with less invasive outpatient surgery.

Sclerotherapy is without parallel the most effective treatment of leg veins.

treatment & expectations

During your treatment, a sclerosant solution is injected into the vein through a tiny needle.

The solution replaces the blood in the vein, generating irritation and corrosion to the walls of the vessel. The body then initiates the natural healing process and the vein begins to decompose, shrink and eventually disappear.

Following your treatment, the affected veins may darken and the area may appear bruised. This will subside with time.

Compression stockings or socks are recommended for up to seven days after the treatment. This application of pressure will help reduce side effects and aid in more effective healing and treatment.

In most cases, you will be able to resume regular activities immediately. However, excessive standing or vigorous activities are not advised for two to four days.



endovenous laser treatment

endovenous laser treatment (EVLT)

EVLT is a very effective treatment for larger veins such as the Greater Saphenous and Small Saphenous veins.

The main advantage of Endovenous Laser Treatments (EVLT) is its effectiveness in treating large veins with a short recovery period and the patient is up and walking immediately compared to the Surgical stripping of veins.

treatment & expectations

It involves the insertion of a Fibre-optic probe into the offending vein. With the Laser light in the probe, the vein is heated along its length causing it to shrink. due to the heat effect on existing collagen in the walls of the vein. The treated vein develops new collagen during the healing process.

After Endovenous Laser Treatments (EVLT) any remaining surface Varicose and Spider Veins can be treated with Sclerotherapy.

Bruising can be expected, and in some cases your veins could turn dark temporarily after the treatment but return to normal. You may experience some tenderness and redness along sections of the injected veins after the treatment. Walking is recommended as this will reduce any discomfort.

Compression stockings or socks are recommended for up to seven days after the treatment. This application of pressure will help reduce side effects and aid in more effective healing and treatment.



varicose vein surgery

ambulatory phlebectomy for veins

This is a surgical treatment for visible small to large tortuous veins. It involves surgical excision of the veins under local anaesthetic using very tiny incisions which become almost invisible when healed. This method is suitable for patients who require a relatively quick recovery from surgery.

surgery

Surgery may be more suitable for larger veins where the main valves in the groin or back of the knee are defective. This may entail only ligation (tying off) the vein in these areas, or in addition, stripping and removal of veins from the legs.

treatment & expectations

This surgery usually requires a hospital stay and is done under general anaesthetic. This is the older and traditional method for treating large varicose veins.

view more case study images by visiting meclinic.com



all images are of Sclerotherapy treatments

me clinic

it's all about **you.**

with over 30 years of
cosmetic medicine experience,
we can help you look your best.

"Varicose veins affect nearly 30% of the population with women being afflicted more commonly than men. Let our 30 years of cosmetic medicine experience help you."

Dr Ashley



cosmetic surgery
face | body | skin



**RESPONSIBLE COSMETIC
MEDICINE**

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