Malvern East Clinic Melbourne - Me Clinic

Canonical: https://www.meclinic.com.au/locations/australia/melbourne-malvern-east/

Details:

Our clinic is at 4 Burke Road, Malvern East, Victoria 3145 . It is a full-time medical clinic - consultations, non-surgical treatments, skin treatments and post-operative reviews all happen here.

Phone: 1300 852 050 or (03) 9569 3511 Online: consultation form

Opening hours

Day	Hours
Monday	9am - 5pm
Tuesday	9am - 6pm
Wednesday	9am - 5pm
Thursday	9am - 6pm
Friday	9am - 5pm
Saturday	9am - 2pm
Sunday	Closed

The later Tuesday and Thursday finishes and the Saturday morning exist so appointments can be made outside working hours.

Getting here

Malvern East is roughly 10km south-east of the Melbourne CBD. Burke Road is a major north-south road through the eastern suburbs.

The clinic is accessible by car, and by public transport via the Glen Waverley and Frankston train lines and the Burke Road tram and bus routes. Check the current timetable and stop at ptv.vic.gov.au .

If you have specific access needs - parking close to the door, step-free entry, help getting in after a procedure - tell us when you book and we will make arrangements.

What happens at this clinic

All initial and follow-up consultations, with Specialist Plastic Surgeons and Cosmetic Doctors

Non-surgical treatments - injectables, thread lifts , laser , needling , peels , LED

Minor procedures under local anaesthetic - mole and lesion removal , excisions

Vein assessment and treatment , including ultrasound-guided procedures

Skin assessments and skincare consultations

Post-operative review and aftercare

Where surgery is performed

Surgical procedures requiring general anaesthetic or sedation are performed at accredited Melbourne day facilities and private hospitals rather than at the clinic. Eyelid surgery is performed at Glenferrie Private Hospital or Masada Private Hospital.

You are told before booking exactly where your procedure will take place, who will perform it, and who administers the anaesthetic.

Your first visit

Bring your referral if you are consulting about cosmetic surgery - it has been required since 1 July 2023

Bring a list of your medications, including supplements, and your medical history

Bring your Medicare card

Allow time - a first consultation is not a five-minute appointment

Write down your questions beforehand; people forget them in the room

Bring someone with you if it helps

Expect at least two consultations before any cosmetic surgery is booked. See cosmetic surgery rule changes .

Consultation fees

As at September 2024, including GST: Specialist Plastic Surgeon $350, Cosmetic Doctor $150, vein consultation $230, skin assessment $50, mole removal consultation $150.

We are not a no-gap provider. Where Medicare item numbers apply, you are told which ones and what the expected out-of-pocket cost is.

Coming from further away

We see patients from across Victoria and interstate. If travel is involved, plan for the review appointments as well as the procedure - aftercare is not optional, and you should not be flying or driving long distances immediately after surgery. Call us and we will work out a realistic schedule before you book anything.

Contact

Me Clinic, 4 Burke Road, Malvern East VIC 3145. Phone 1300 852 050 or (03) 9569 3511, or use the online consultation form .

Related: all locations , about Me Clinic , meet the team .

What to bring to a first appointment

Your GP referral. Since 1 July 2023 a referral is required before a cosmetic surgery consultation. Without a valid one the appointment cannot do what you came for.

A list of every medication and supplement , including anything bought over the counter. Fish oil, vitamin E, and some herbal preparations affect bleeding and matter more than people expect.

Your medical history , including previous surgery and anaesthetics, and any reaction to either.

Photo identification , and your private health fund details if you have cover.

Your questions, written down. People reliably forget two-thirds of what they meant to ask. A written list is the single cheapest improvement you can make to a consultation.

Access and support at the clinic

If you need an interpreter , tell us when you book rather than on the day. A family member interpreting is not adequate for a consent discussion, and we would rather arrange it properly.

You may bring someone with you to any consultation, and for a discussion about surgery it is worth doing - a second person remembers different things.

You may ask for a chaperone for any examination, at any time, without giving a reason.

If you need more time , say so when booking. A longer appointment is easier to arrange in advance than to improvise.

If you are under 18 , additional requirements apply, including a three-month cooling-off period and an independent psychological assessment.

If your plans change

Let us know as early as you can if you cannot make an appointment. Consultation slots for surgical assessment are long, and an unused one helps nobody.

If you are running late , ring ahead. Depending on the list we may be able to hold the appointment or move you later the same day, but a consultation compressed into the remaining time is not in your interest, particularly if it is the one where consent is discussed.

If you are a patient with a concern after a procedure, do not wait for your next scheduled appointment and do not email. Ring us, or the after-hours number you were given on discharge. For chest pain, shortness of breath, or pain and swelling in one calf, call 000.

Common questions about the Malvern East clinic

Where exactly is the clinic?

4 Burke Road, Malvern East, Victoria 3145 - roughly 10km south-east of the Melbourne CBD. Burke Road is a major north-south road through the eastern suburbs.

What are the opening hours?

Monday 9am-5pm, Tuesday 9am-6pm, Wednesday 9am-5pm, Thursday 9am-6pm, Friday 9am-5pm, Saturday 9am-2pm, closed Sunday.

Why the later weeknights and Saturday morning?

So appointments can be made outside working hours.

How do I get there on public transport?

Via the Glen Waverley and Frankston train lines and the Burke Road tram and bus routes. Check the current timetable and stop at ptv.vic.gov.au.

What if I have access needs?

Tell us when you book - parking close to the door, step-free entry, help getting in after a procedure - and we will make arrangements.

What happens at this clinic?

All initial and follow-up consultations with Specialist Plastic Surgeons and Cosmetic Doctors; non-surgical treatments including injectables, thread lifts, laser, needling, peels and LED; minor procedures under local anaesthetic such as mole and lesion removal and excisions; vein assessment and treatment including ultrasound-guided procedures; skin assessments and skincare consultations; and post-operative review and aftercare.

Is surgery performed here?

No. Procedures requiring general anaesthetic or sedation are performed at accredited Melbourne day facilities and private hospitals. Eyelid surgery is performed at Glenferrie Private Hospital or Masada Private Hospital.

Will I be told where my surgery is happening?

Yes - before booking, including who will perform it and who administers the anaesthetic.

What should I bring to a first visit?

Your referral if you are consulting about cosmetic surgery; a list of your medications including supplements; your medical history; and your Medicare card.

How long should I allow?

A first consultation is not a five-minute appointment, so allow time.

Any advice for getting the most out of it?

Write down your questions beforehand - people forget them in the room - and bring someone with you if it helps.

How many consultations before surgery?

At least two before any cosmetic surgery is booked.

What do consultations cost?

As at September 2024, including GST: Specialist Plastic Surgeon $350, Cosmetic Doctor $150, vein consultation $230, skin assessment $50, mole removal consultation $150.

Will Medicare cover the gap?

We are not a no-gap provider. Where Medicare item numbers apply, you are told which ones and what the expected out-of-pocket cost is.

I am travelling from outside Melbourne - what should I plan for?

The review appointments as well as the procedure. Aftercare is not optional, and you should not be flying or driving long distances immediately after surgery. Call us and we will work out a realistic schedule before you book anything.

Any surgical or invasive procedure carries risks. Before proceeding you should seek a second opinion from an appropriately qualified health practitioner. Individual results may vary.