# Me Clinic Locations - Melbourne and Beyond

Canonical: https://www.meclinic.com.au/locations/

## Details:

Our clinic is in Melbourne. This page sets out where consultations happen, where procedures are performed, and what is available elsewhere.

## The clinic

### *Malvern East, Melbourne*

4 Burke Road, Malvern East, Victoria 3145 Phone 1300 852 050 or (03) 9569 3511

This is the main clinic and where almost everything begins. All consultations, non-surgical treatments, skin treatments, minor procedures under local anaesthetic, vein assessment and post-operative reviews take place here.

Hours: Monday, Wednesday, Friday 9am-5pm; Tuesday and Thursday 9am-6pm; Saturday 9am-2pm; closed Sunday.

See the Malvern East clinic for getting here, what to bring and what to expect on a first visit.

## Where surgery is performed

Procedures requiring general anaesthetic or sedation are not performed at the clinic. They take place at accredited Melbourne day facilities and private hospitals, including:

Glenferrie Private Hospital - including eyelid surgery

Masada Private Hospital - including eyelid surgery

Before you book, you are told exactly where your procedure will take place, who will perform it, and who administers the anaesthetic. If that information has not been given to you, ask for it.

## Other locations

Sydney - Fraxel laser treatment is also available at our Sydney location.

Tasmania - some services are provided in Tasmania. Phone 1300 852 050 to confirm what is currently available and when.

Regional Victoria - we see patients travelling from across the state, including the Mildura region. That page explains how to plan around the distance.

Availability at locations other than Malvern East varies. Call and confirm before making travel arrangements - we would rather tell you on the phone than have you drive for hours unnecessarily.

## If you are travelling to us

Plan for the whole course of care, not just the appointment you are focused on:

Cosmetic surgery requires a GP referral and at least two consultations before booking - one may be by telehealth, which helps if you are travelling

Recovery requires review appointments; these are not optional

You cannot drive yourself home after sedation or general anaesthetic

Ask specifically when it is safe to fly - surgery and immobility on a flight both raise the risk of deep vein thrombosis

Most non-surgical treatments run as a course over weeks; be realistic about which sessions you can attend

Call us with your circumstances and we will work out an honest schedule before you commit to anything.

## Telehealth

One of the two consultations required before cosmetic surgery may be conducted by telehealth. This does not replace an in-person assessment, but it reduces the number of trips for people outside Melbourne. Ask when booking.

## Contact

Me Clinic, 4 Burke Road, Malvern East VIC 3145. Phone 1300 852 050 or (03) 9569 3511, or use the online consultation form .

Related: about Me Clinic , meet the team , contact us .

## The distinction that matters: where you consult is not where you are operated

This catches people out, and it is worth settling before you book anything. Consultations happen at Malvern East. Surgery does not. Surgical procedures are performed at accredited private hospitals and day facilities around Melbourne, and which one depends on the procedure, the anaesthetic and the surgeon's operating lists - not on which is closest to you.

| Hospital | Suburb | Roughly from Malvern East |
|---|---|---|
| Masada Private Hospital | St Kilda East | Inner south-east, around 15 minutes |
| Linacre Private Hospital | Hampton | Bayside, around 25 minutes |
| Sir John Monash Private Hospital | Clayton | South-east, around 25 minutes |
| Peninsula Private Hospital | Langwarrin | Mornington Peninsula, around 50 minutes |
| St Vincent's Private | Werribee | West, around 50 minutes |
| Epworth Geelong | Waurn Ponds | Geelong, around 75 minutes |

Travel times are indicative and assume off-peak driving. Ask which hospital your procedure is booked at before you arrange anything else - accommodation, a driver, or time off. Booking a hotel near the clinic when you are operating at Waurn Ponds is a common and avoidable mistake.

## If you are coming from regional Victoria or interstate

The planning question is not the consultation. It is the days after surgery.

Two consultations are required before surgery can be booked , and at least one must be in person with the operating surgeon. Build two trips into the plan, or ask which of them can be done by video.

Stay near the hospital, not near the clinic. Your post-operative reviews and any early complication will be managed close to where you were operated.

You need someone with you for at least 24 hours after a general anaesthetic, and someone to drive you. That person has to travel too.

Do not book the flight home for the next day. Domestic flights are usually reasonable at around two weeks; international at six to eight. The risk being managed is a blood clot, and it is not a formality.

Know who covers you at home. If a wound problem develops in week two and you are five hours away, the plan for that needs to exist before you travel, not after.

## Getting to the Malvern East clinic

Train: Caulfield station is about five minutes' walk - Frankston, Pakenham and Cranbourne lines.

Tram: route 3 and 64 services run close to Burke Road.

Driving: street parking is available nearby. Allow extra time on weekday mornings and for Saturday clinics.

Allow longer than the map says for a first appointment - there is paperwork, and arriving flustered is a poor start to a consultation you are paying for.

## Common questions about Me Clinic locations

### *Where is the clinic?*

4 Burke Road, Malvern East, Victoria 3145. Phone 1300 852 050 or (03) 9569 3511.

### *What happens at the Malvern East clinic?*

Almost everything begins there - all consultations, non-surgical treatments, skin treatments, minor procedures under local anaesthetic, vein assessment and post-operative reviews.

### *What are the opening hours?*

Monday, Wednesday and Friday 9am-5pm; Tuesday and Thursday 9am-6pm; Saturday 9am-2pm; closed Sunday.

### *Is surgery performed at the clinic?*

No. Procedures requiring general anaesthetic or sedation take place at accredited Melbourne day facilities and private hospitals.

### *Which hospitals?*

Glenferrie Private Hospital and Masada Private Hospital, both including eyelid surgery.

### *Will I know where my procedure is happening?*

Yes. Before you book you are told exactly where your procedure will take place, who will perform it, and who administers the anaesthetic. If that information has not been given to you, ask for it.

### *Is anything available in Sydney?*

Fraxel laser treatment is also available at our Sydney location.

### *Do you see patients in Tasmania?*

Some services are provided in Tasmania. Phone 1300 852 050 to confirm what is currently available and when.

### *What about regional Victoria?*

We see patients travelling from across the state, including the Mildura region.

### *Should I book travel before calling?*

No. Availability at locations other than Malvern East varies, so call and confirm first - we would rather tell you on the phone than have you drive for hours unnecessarily.

### *How many appointments will I need before surgery?*

Cosmetic surgery requires a GP referral and at least two consultations before booking.

### *Can one of those be remote?*

Yes. One of the two consultations may be conducted by telehealth. It does not replace an in-person assessment, but it reduces the number of trips for people outside Melbourne. Ask when booking.

### *Are review appointments optional?*

No. Recovery requires review appointments, and they are not optional.

### *Can I drive myself home after a procedure?*

Not after sedation or general anaesthetic.

### *When can I fly after surgery?*

Ask specifically - surgery and immobility on a flight both raise the risk of deep vein thrombosis.

### *What if I cannot attend every session of a course?*

Most non-surgical treatments run as a course over weeks, so be realistic about which sessions you can attend. Call us with your circumstances and we will work out an honest schedule before you commit to anything.

Any surgical or invasive procedure carries risks. Before proceeding you should seek a second opinion from an appropriately qualified health practitioner. Individual results may vary.