Daniel Silpaps - Aesthetic Nurse - Me Clinic Melbourne

Canonical: https://www.meclinic.com.au/meet-the-team/daniel-silpaps/

Details:

Aesthetic Nurse Nursing and Midwifery Board registration: NMW0001993382 BHlthSci, Dip Nurse

You can check this registration yourself at ahpra.gov.au - nurses appear on the same register as doctors.

Background

Daniel has more than 20 years in medical aesthetics, working across total-face assessment, skin therapies, lasers and cosmetic injectable treatments. He previously worked for a major pharmaceutical company in the aesthetics field, training doctors and nurses nationally in injecting technique and facial anatomy.

His approach is to spend time on assessment and to build a plan in stages rather than treating everything at once - which is also usually the cheaper and more conservative path.

What an aesthetic nurse can and cannot do

This is worth understanding at any clinic, because it is frequently blurred in advertising.

Cosmetic injectable treatments involve prescription-only medicines . A nurse cannot prescribe them. A medical practitioner must assess you and prescribe before the treatment.

Under the Medical Board and Nursing and Midwifery Board guidelines, that assessment must be a real consultation with a prescribing practitioner - in person or by video where permitted - and not a phone approval from a doctor who has never seen you .

A registered nurse may then administer the treatment within their scope of practice.

A nurse does not perform surgery and does not diagnose skin cancers.

You are entitled to ask who prescribed your treatment, and to speak to them.

When you need a doctor rather than a nurse

Anything that requires a diagnosis needs a medical practitioner. A changing mole, a lesion you are unsure about, a rash, or skin that is behaving differently is a doctor's question, not an injector's - see mole removal and skin cancers .

Equally, if what you want is a structural change - loose skin, repositioned tissue - injectables will not deliver it and a Specialist Plastic Surgeon is the right consultation. Daniel will say so rather than sell a series of treatments that cannot get you there.

Things to know before an injectable treatment

Results are temporary. Muscle-relaxing treatments typically last three to four months; volumising treatments vary by product and site. Budget annually, not per session.

Bruising is common , particularly around the eyes and lips. Fish oil, high-dose vitamin E, some anti-inflammatories and alcohol all increase it - mention everything you take.

Asymmetry and unevenness can occur and may need a review at two weeks.

Serious complications are rare but real. Vascular occlusion - filler entering or compressing a blood vessel - can cause tissue loss or, very rarely, blindness.

Call 000 immediately for any change in vision after an injectable treatment. Contact us urgently for severe or increasing pain, skin that turns pale, white, dusky or mottled, or blistering. These need attention within hours, not days.

Ask any clinic whether they keep hyaluronidase on site and who is trained to manage a vascular occlusion. A clinic that cannot answer that should not be injecting filler.

How an appointment actually runs

Assessment - total-face rather than the one line you came in about, and a discussion of what is worth treating first.

Consultation with a prescribing medical practitioner , because the medicine is prescription-only. This is a requirement, not a formality.

A written quote , and a plan staged over time rather than everything at once.

Treatment , administered within scope.

Review at around two weeks , which is when asymmetry or unevenness shows and can be addressed.

Stop nothing without advice, but do tell him about fish oil, high-dose vitamin E, anti-inflammatories and alcohol - all increase bruising.

What you should leave with

A written, itemised quote

The name of the practitioner who prescribed your treatment , and how to reach them

A record of the product used and its batch number

How much was used, in units or millilitres, so a future practitioner can work from it

Written aftercare instructions

An urgent contact number and the hours it is staffed - complications need hours, not days

A review appointment at around two weeks

Aftercare: what is expected and what is not

Expect some swelling, redness at injection points and bruising, particularly around the eyes and lips. Bruising usually settles over one to two weeks. Mild tenderness and small firm areas that soften are common.

Not expected, and urgent: severe or increasing pain, skin turning pale, white, dusky or mottled, or blistering. Any of these needs attention within hours.

Call 000 immediately for any change in vision.

Some problems appear late. Lumps and nodules can develop weeks or months after filler, and delayed inflammatory reactions are sometimes triggered by an illness or vaccination months afterwards. A late change is still worth a call.

The cost over time

Assessment and a written quote before any treatment. Volumising treatments from $590, as at September 2024 including GST. See dermal filler treatments .

Because muscle-relaxing treatments last three to four months, maintaining a result means roughly three to four treatments a year, every year. Volumising treatments last longer but still need renewal. Ask what a year costs, and what five years costs, before you start - that is the number that decides whether this is the right path for you.

Checking him yourself

Look up NMW0001993382 at ahpra.gov.au . Worth asking directly: who will prescribe, whether you will actually meet them, how many times he has treated your specific area, whether hyaluronidase is kept on site, who manages a complication out of hours, and what he would advise if you decided not to proceed. See choosing the right practitioner .

Consultation and booking

Assessment and a written quote before any treatment. Volumising treatments from $590. Prices as at September 2024, including GST.

Me Clinic, 4 Burke Road, Malvern East VIC 3145. Phone 1300 852 050 or (03) 9569 3511, or use the consultation form .

Related: meet the team , risks and complications , questions worth asking .

Common questions

What registration does Daniel hold?

Aesthetic Nurse, Nursing and Midwifery Board registration NMW0001993382, BHlthSci and Dip Nurse.

Can I verify it?

Yes, at ahpra.gov.au - nurses appear on the same register as doctors.

What is his background?

More than 20 years in medical aesthetics, across total-face assessment, skin therapies, lasers and cosmetic injectable treatments. He previously worked for a major pharmaceutical company in the aesthetics field, training doctors and nurses nationally in injecting technique and facial anatomy.

What is his approach?

To spend time on assessment and build a plan in stages rather than treating everything at once - which is also usually the cheaper and more conservative path.

Can a nurse prescribe an injectable treatment?

No. Cosmetic injectable treatments involve prescription-only medicines, and a medical practitioner must assess you and prescribe before the treatment.

What counts as a proper assessment?

A real consultation with a prescribing practitioner - in person or by video where permitted - not a phone approval from a doctor who has never seen you. That is what the Medical Board and Nursing and Midwifery Board guidelines require.

What can a nurse do?

Administer the treatment within their scope of practice.

What can a nurse not do?

Perform surgery, or diagnose skin cancers.

Can I ask who prescribed my treatment?

Yes - you are entitled to ask, and to speak to them. You should also leave with their name and how to reach them.

When do I need a doctor instead?

Anything requiring a diagnosis - a changing mole, a lesion you are unsure about, a rash. And if you want a structural change such as loose skin removed, that is a Specialist Plastic Surgeon's consultation, not an injectable one.

How long do injectable results last?

Muscle-relaxing treatments typically last three to four months; volumising treatments vary by product and site. Budget annually, not per session.

What does a year of treatment actually involve?

For muscle-relaxing treatments, roughly three to four treatments a year, every year. Volumising treatments last longer but still need renewal.

Will I bruise?

Bruising is common, particularly around the eyes and lips, and usually settles over one to two weeks. Fish oil, high-dose vitamin E, some anti-inflammatories and alcohol all increase it - so mention everything you take.

What is normal in the first week?

Swelling, redness at injection points, bruising, mild tenderness, and small firm areas that soften.

What if the result is uneven?

Asymmetry and unevenness can occur and may need a review at two weeks, which is why a two-week review is booked.

What is vascular occlusion?

Filler entering or compressing a blood vessel. It can cause tissue loss or, very rarely, blindness. Serious complications are rare but real.

When should I call 000?

Immediately, for any change in vision after an injectable treatment.

When should I contact us urgently?

For severe or increasing pain, skin that turns pale, white, dusky or mottled, or blistering. These need attention within hours, not days.

Can a problem appear months later?

Yes. Lumps and nodules can develop weeks or months after filler, and delayed inflammatory reactions are sometimes triggered by an illness or vaccination months afterwards. A late change is still worth a call.

What should I ask any clinic before having filler?

Whether they keep hyaluronidase on site and who is trained to manage a vascular occlusion. A clinic that cannot answer that should not be injecting filler.

What should I leave the appointment with?

A written itemised quote, the prescriber's name and contact, the product used and its batch number, how much was used in units or millilitres, written aftercare instructions, an urgent contact number with its staffed hours, and a two-week review.

What happens before treatment here?

Assessment, a consultation with a prescribing medical practitioner, and a written quote. Volumising treatments start from $590, as at September 2024 including GST.

Individual results may vary. Any surgical or invasive procedure carries risks. Before proceeding you should seek a second opinion from an appropriately qualified health practitioner.