

A photograph of a woman's upper body from the neck down to the waist. She is facing forward, and her hands are clasped together over her breasts. Her skin is fair and appears smooth. The background is plain white.

face

body

skin

breast
augmentation

me
clinic

A portrait of a woman with long, dark, wavy hair, smiling at the camera. She is wearing a black strapless top with red polka dots. The background is plain white.

Rowena

*"After years of self confidence issues and feeling out of proportion to the rest of my body, I felt I needed to make a change for **me!**"*

breast augmentation

considering breast augmentation?

Breast Augmentation is one of our most commonly performed cosmetic surgery procedures. The procedure is not only about enhancing your breast size but also your overall shape and contour.

Women choose to have Breast Augmentation for a variety of reasons, such as restoring shape and volume lost through ageing or breastfeeding, breast asymmetry, or just a size increase or shape change.

We see many female patients of all ages who change their lives and increase their confidence with a Breast Augmentation procedure.

what are the options?

Our Surgeons listen to your requirements and advise you on the three leading options for you to achieve your desired results.

- Breast Augmentation with Breast Implants
- Breast Augmentation with Fat Transfer
- Breast Augmentation with Fat Transfer and Vacuum Bra.

me clinic
the difference

Our 30 years of experience ensures you receive **personalised** service and the right advice.

We offer you choices as our Surgeons provide a **tailored solution** for your requirements and not a "production line" or "one size fits all" approach like discount clinics.

Our Surgeons listen to you and your requirements to help you decide which procedure is **right for you** after a full review and medical assessment.

breast implants

we offer choice

Our Surgeons provide you with many choices, from tear drop (anatomical) or round implants, and silicone or saline implants.

These implants are safe and have benefited from years of technical advancements, and can last up to 15 years or more.

The implant selection involves meeting with your Surgeon to help you choose the right type, size and shape implants to suit your expectations and requirements. You are able to "test" any number of implant shapes and size alternatives to ensure the most suitable implant is chosen for you.

procedure & expectations

The surgery involves making a small unobtrusive incision under the fold of the breast. With this technique scarring is minimised and generally fade with time. Your selected implants are then inserted under the breast gland. The implants can be inserted either on top of the muscle tissue or beneath depending on the results you and your Surgeon want to achieve.

Your first post-operative check is within a few days of the procedure. Most patients find in only a matter of weeks their new breasts feel natural and a part of their body.

We recommend avoiding strenuous activity for around three weeks, and after six weeks or so you are able to return to normal activities.



225cc tear drop shaped implants placed under the muscle



350cc round implants placed in front of the muscle

fat transfer to breasts

fat transfer

As fat is naturally occurring in breasts, the addition of the patient's own fat complements the existing fat in the breast, to help restore breast volume, firmness and also giving a natural looking lift. Many of our patients consider this a natural and effective alternative to using breast implants.

fat transfer with vacuum bra

A Fat Transfer procedure can be combined with the use of a Vacuum Bra system. The vacuum bra causes the breasts to enlarge before the Fat Transfer procedure is performed where they are then grafted and shaped with fat.

procedure & expectations

These procedures involve removing a patient's fat tissue by Liposuction and carefully grafting it in the breast area to increase the size and shape of the breasts naturally. A variety of techniques are used to shape the breast for the most aesthetic result, whilst improving the appearance of the area of the body from where the fat was taken.

With the vacuum bra the patient is required to wear the bra for up to five weeks prior to the Fat Transfer procedure and three weeks after surgery. These bras are designed to improve the blood supply circulation to the breast tissue to help nourish the transferred fat.

Fat transfer is a relatively quick procedure with minimal discomfort and a quick recovery with results that can last a lifetime, but some of the fat injected may be absorbed by the body. To improve the success rate of a Fat Transfer procedure Stem Cell and Platelet Rich Plasma (PRP) treatments can be combined to substantially increase the survival and growth rate of the fat.

view more case study images by visiting meclinic.com



Fat Transfer to breasts



Fat Transfer to breasts

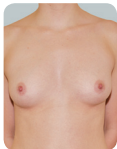
case studies

breast implants

280cc round implants placed in front of the muscle



325cc tear drop shaped implants placed under the muscle



250cc round implants placed in front of the muscle



315cc round implants placed underneath the muscle





it's all about **you.**

with over 30 years of
cosmetic surgery experience,
we can help you look your best.

*"Breast Augmentation is all about achieving the correct proportion, size and symmetry. At **me clinic** we offer you choice... not a one size fits all approach."*

Dr Ashley



cosmetic surgery
face | body | skin



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